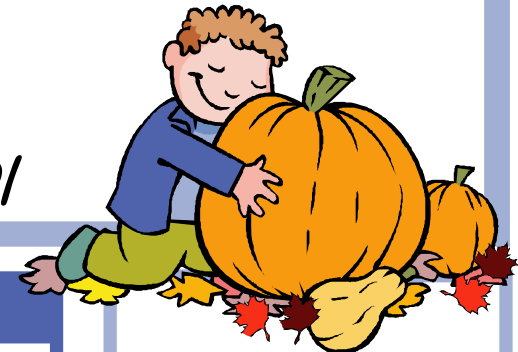


November 2009

Waynesville Middle/High School



Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dog Baked Bean Cookie Fruit Milk 2	Nachos Supreme w/ Taco Meat & Cheese Refried Beans Tomatoes/Lettuce/Sour Cream Fruit Milk 3	Bentino's Pizza OR Spaghetti W/Breadstick Green Beans Fruit Milk 4	Hot Roast Beef & Cheddar Peas Cross Trax Fries Fruit Milk 5	Spartan Deluxe Chicken Sandwich Lettuce/Tomato/ Mayonnaise & Pickles Fruit Milk 6
Cheeseburger or Hamburger on a Bun Lettuce, Tomato, Onion & Pickles Coleslaw Fruit Milk 9	Tomato Soup Grilled Cheese Crackers Veggie Sticks Fruit Milk 10	Bentino's Pizza OR Burrito Green Beans Fruit Milk 11	BBQ Rib Sandwich OR Fish Sandwich Macaroni & Cheese Peas Apple Crisp Milk 12	Popcorn Chicken Orange Sauce Rice Mixed Veggies Fruit Milk 13
Chili Cheese Wrap Winter Blend Fruit Milk 16	Walking Tacos/ w Corn Chips Shredded Cheese, Sour Cream, Lettuce, Tomato Refried Beans Salsa Fruit Milk 17	Bentino's Pizza OR Spaghetti w/ Breadstick Green Beans Fruit & Milk 18	Ham & Cheese Sandwich Tater Tots Fruit Milk 19	Spartan Deluxe Nuggets w/ Dippin Sauce Mashed Potatoes w/Gravy Corn Roll Fruit & Milk 20
Foot Long Hot Dogs Coney Sauce Shredded Cheese Baked Beans Fruit Milk 23	Thanksgiving Feast Turkey w/mashed potatoes/gravy & dressing OR Sweet potato souffle Cranberry sauce Dessert & Milk 24	NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27
Brunch for Lunch Sausage Wrap w/ Syrup Tri Tater Juice & Milk 30				

Spartan Café News

PLEASE NOTE:
Bentino's Calzones
November 20th

No School
Thanksgiving Break
November 25, 26, & 27th

Happy Fall!

