



September 2010

LUNCH - 2.50
BREAKFAST - 1.25

WAYNESVILLE ELEMENTARY



News

No School -
Monday,
September 6th -
Labor Day

Please see our
website for carb
counts



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6 NO SCHOOL

13 Cheezy Bread w/
Marinara Sauce
Mixed Veggies
Mandarin Oranges
Milk

20 Sloppy Joe on
a Bun
Green Beans
Pears
Milk

27 Cheeseburger Mac
Green Beans
Applesauce Cup
Milk

7 Hot Dog w/ Bun
Baked Beans
Peaches
Milk

14 Brunch For Lunch
Sausage Wraps
Scrambled Eggs
Tri-Taters
Juice/Milk

21 Cheeseburger
Sliders
Baked Beans
Applesauce Cup
Milk

28 Pizza Hot Pocket
Corn
Pineapple
Milk

1 Bentino's Cheese OR
Sausage Pizza
Side Salad w/ Dip
Pineapple
Milk

8 Bentino's Cheese OR
Sausage Pizza
Winter Blend w/
Cheese
Mixed Fruit
Milk

15 Bentino's Cheese
OR Sausage Pizza
Winter Blend w/
Cheese
Mixed Fruit
Milk

22 Bentino's Cheese
OR Sausage Pizza
Celery Stix w/ Dip
Fruit Cocktail
Milk

29 One Hour Delay
Bentino's Cheese
OR Sausage Pizza
Side Salad w/Dip
Peaches
Milk

2 Chicken Quesadillas
Corn
Fruit Cocktail
Milk

9 Hamburger OR
Fish on a Bun
French Fries
Applesauce Cup
Milk

16 Walking Tacos
Taco Meat w/ Cheese
Fritos
Refried Beans
Sherbet
Milk

23 Soft Pretzel w/
Cheese
Mixed Veggies
Mixed Fruit
Milk

30 Turkey Wrap OR
PBJ Sandwich
Carrot Stix w/ Dip
Applesauce
Milk

3 Spartan Deluxe
Chicken Sandwich
Carrot Stix w/Dip
Raisins
Milk

10 Popcorn Chicken
Green Beans
Sidekick
Milk

17 Chicken Tenderloins
Peas
Applesauce Cup
Milk

24 Spartan Deluxe
Nuggets w/Dip Sauce
Tater Tots
Peach Cups
Milk

MILK - carb counts
Chocolate Milk - 30
Strawberry Milk - 27
1% White Milk - 11
2% White Milk - 12