



Waynesville Spartan Athletics

COVID-19 Return to Play
Phase 1: June 8th - July 2nd

**Wayne Local Schools, in collaboration with the Warren County Health Department, have approved this Return to Play plan.*

Wayne Local High School
735 Dayton Road
Waynesville, OH 45068

Athletics News



Overview

This document shall serve as a plan for the re-socialization of students participating in extracurricular activities in grades 9-12 in the Wayne Local School District. Wayne Local High School marching band will resume their activities in mid July, per band director, Ms. Leslie Schleman. Middle School Conditioning will begin as part of PHASE 2 implementation.

Points of emphasis will include:

1. Procedures prior to and upon arrival to events
2. Social Distancing Protocols
3. Facilities Cleaning and Sanitation Protocols
4. Hydration

Goals

1. Providing Support/ Expressing Care- “Restarting of Athletics” plan that allows for the resocialization of students, coaches, and staff for a period of time that safely allows for student participation in extracurricular activities for the benefit of their social, emotional and physical well-being.
2. Challenging Growth/ Sharing Power- “Restarting of Athletics” plan that allows for safe interactions and participation following the protocols set forth and approved by the Warren County Health Department, NFHS/OHSAA Guidance For Opening Up High School Athletics and Facilities. This plan is just one step in restoring confidence in the safety of our students, family and community.

Synopsis

- Face coverings should be worn when feasible and are most essential in times when physical distancing is difficult.
- All workouts will take place outside. Handwashing, restrooms, shower facilities, and the athletic trainers room will be the only indoor access that students, coaches, and staff will have.
- Only sport specific skill training, conditioning, and strength conditioning programs are permitted until further notice. No competitions or games are permitted (including scrimmages or any types of tournaments).
- WHS personnel will provide resistance training, emphasized as body weight, use of resistance bands, speed and agility training.
- Participation in any training or workouts **may not be made mandatory** until the first date of the regular season as published by the OHSAA.
- No community members, parents, family members or visitors are permitted.



Procedures prior to and upon arrival to events

All coaches and students should be screened for signs/ symptoms of COVID-19 prior to workout sessions. Screenings will included:

1. Each sport/ session will have an electronic ‘monitoring form’ at check-in through our FINAL FORMS program.
 - WHS personnel will ask a series of questions regarding symptoms.
 - WHS personnel will conduct temperature checks/ no touch infrared thermometers provided.
2. Any person with positive symptoms reported will not be permitted to take part in workouts.
 - WHS personnel will contact the player’s legal guardian and inform them of any positive symptoms found.
 - WHS personnel will direct families to contact their primary health care provider or other appropriate health care professional.
3. Vulnerable individuals should not oversee or participate in any workout sessions.
 - WHS personnel are willing to provide individual workouts for athletes who have a concern of being in a group setting.

Social Distancing Protocols

All coaches, staff and students will gather outside for training and conditioning. Workouts can be conducted on the turf, track, and grass areas to ensure social distancing.

1. Athletes will be assigned to small group cohorts. No more than 5-10 individuals, including coaches.
 - Athletes in their assigned cohorts will travel with designated coaches to individual workout stations.
 - Coaches and staff will use field lines, cones, dots etc. where needed for social distancing.
2. Each sport/session will be given a designated “arrival time” for check-in to prevent congregating and large groups.
 - Workout sessions will be a one hour maximum time limit to start.
 - Athletes will keep all personal items bagged in a designated area.



Facilities Cleaning and Sanitation Protocols

Adequate cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.

1. WHS will assist and provide necessary materials.
 - Hand sanitizer– Alcohol based hand sanitizer is an appropriate substitute.
 - Towels– towels will be laundered on site in the WHS block house facility.
2. Locker room facilities will be locked.
 - WHS will provide access to handwashing stations, restroom facilities, and the athletic training room.
 - WHS will provide access to a showering facility for students who are not able to shower at home or after leaving a workout session.
3. Prior to groups or sessions entering facilities, all hard surfaces will be disinfected and sanitized.
 - WHS personnel will disinfect and sanitize any equipment used during training sessions, before and after use.
 - Limited use of equipment during these workout sessions.
4. Appropriate clothing/shoes will be worn at all times to minimize sweat from transmitting onto equipment and other individuals.
 - Students, coaches and staff are required to wear T-shirts at all times.
 - T-shirts and clothing must be in an unaltered state. No holes, cuts, tears, or rips.
 - Any student not in compliance will be sent home.
5. Students, coaches and staff will be encouraged to wash their workout clothing upon returning home.

Hydration

All students, coaches and staff will bring their own water bottle.

1. Water bottles will not be shared. Water bottles must be labeled.
2. Outdoor watering stations and hydration stations will be left on for medical necessities needed and designated by athletic trainers .



Communication

Coaches and staff will actively communicate with students and families. Coaches will need to clearly communicate Wayne Local School's re-opening workout session plan.

1. Coaches will communicate to students the sport/group workout session schedule.
2. Coaches will communicate and organize the staggered arrival and start times and assist in Electronic Monitoring check in forms within our 'Final Forms' program.
3. Wireless electronic access will be available in and around stadium in order to conduct check-in process.

Name:	Time:	Fever: Y/N	Cough: Y/N	Sore Throat: Y/N	Shortness of Breath: Y/N	Close contact with COVID- 19 Y/N	Temp:

FINAL FORMS



Monitoring Check-In Form



Potential Infection Risk by Sport

High Risk	Medium Risk	Low Risk
Wrestling Football Lacrosse Competitive Cheer Dance	Basketball Volleyball Baseball Softball Soccer Tennis Swimming relays Pole Vault High Jump Long Jump 7 on 7 Football	Individual Running events Throwing events Individual swimming events Golf Sideline cheer Cross country running (with staggered starts)

WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

As a result of the highly contagious novel coronavirus, COVID-19, federal, state and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Wayne Local School District has put in place preventative measures to reduce the spread of COVID-19 including following the directives and guidelines from the Governor, the Ohio Department of Health, and our county health department. However, the Wayne Local School District cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending and participating in _____ (“Activity”) could increase your risk and your child(ren)’s risk of contracting COVID-19.

You and/or your child(ren)’s participation and attendance at Activity is voluntary. Further, you and your child(ren) are required to abide by directives designed to lower the risk of COVID-19 exposure which may include wearing masks, social distancing (6 feet apart), washing hands, non-sharing of equipment, wiping down all shared equipment after each use, limitations on spectators, etc. These directives will be provided to you by _____. If you fail to follow these directives, you will forfeit you and your child(ren)’s right to continued participation in the Activity.

In consideration of being allowed to participate in the Activity the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, INDEMNIFY, RELEASE, HOLD HARMLESS AND DEFEND the Wayne Local School District, its officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and tenants of premises used to conduct the event (“RELEASEES”), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, which arise out of or relates

to attendance or participation in the Activity, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

5. If this Agreement is unenforceable under applicable state law, it shall be interpreted to impose the maximum legal obligation permitted under such law. By signing below, the undersigned acknowledge(s) that he/she has read and understands the inherent risks associated with this activity and that the undersigned voluntarily agrees to indemnify and/or hold harmless Great Oaks in accordance with this Agreement.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of participant: _____

Participant signature: _____

Date signed: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, I and my child/ward understand and accept these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: _____

Parent guardian/signature: _____

Date signed: _____

Student Summer COVID-19 Checklist:

____ Signed Parent/ Guardian Form on Final Forms

____ Sunscreen

____ Personal Labeled Water Bottle

____ Proper/ Laundered Workout Attire- (T-shirts are mandatory)

____ Mask

____ Towel

____ Post workout session- it is recommended that students return home to shower and change immediately following training sessions.