# how to clean your cloth masks

Masks are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Masks should be washed after each use. It is important to always remove masks correctly and wash your hands after handling or touching a used mask.

## how to clean



#### washing machine

- You can include your mask with your regular laundry.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the mask.

### washing by hand

- Prepare a bleach solution by mixing:
  - 5 tablespoons (1/3rd cup) household bleach per gallon of room temperature water or

4 teaspoons household bleach per quart of room temperature water

- · Check the label to see if your bleach is intended for disinfection. Some bleach products, such as those designed for safe use on colored clothing, may not be suitable for disinfection. Ensure the bleach product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser.
- Soak the mask in the bleach solution for 5 minutes.
- Rinse thoroughly with cool or room temperature water.

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## how to dry



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• Use the highest heat setting and leave in the dryer until completely dry.



#### air dry

• Lay flat and allow to completely dry. If possible, place the mask in direct sunlight.



make sure to completely dry mask after washing

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